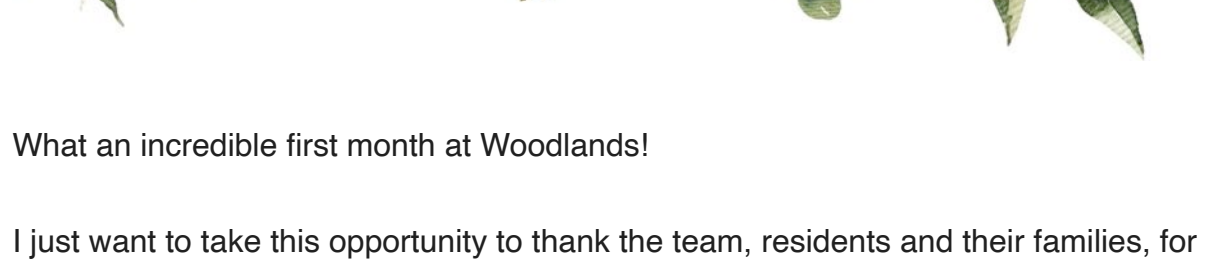




Welcome To Our Newsletter



What an incredible first month at Woodlands!

I just want to take this opportunity to thank the team, residents and their families, for making me feel so incredibly welcome, I feel part of the team and home already! I definitely have big shoes to fill as we wish Richard the very best in his new ventures.

Right now, we're all busy planning the year ahead and looking forward to many outings and more so, encouraging residents to become as involved in the running of their home. This month finds our first Food Group Meeting, where residents meet with the Chef to discuss our menus' and mealtime experience, with lots more in the planning stages.

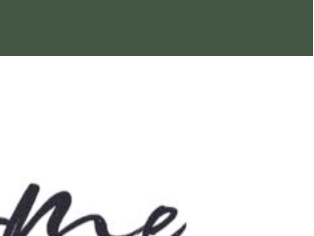
Now is the time to see what everyone has been up to last month, so sit back, grab a cuppa and enjoy our latest newsletter.

Also, if you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

Lesley Stewart
Home Manager



New Home Manager

Warm Welcome

Introducing Lesley Stewart our new Home Manager

Lesley has worked with the company since 2021 as manager of their flagship home in Edinburgh and has now transferred to join the team at Woodlands. As a qualified nurse, Lesley's main clinical background is the Intensive Care Unit at Edinburgh Royal Infirmary and latterly as a Specialist Peritoneal Dialysis nurse.

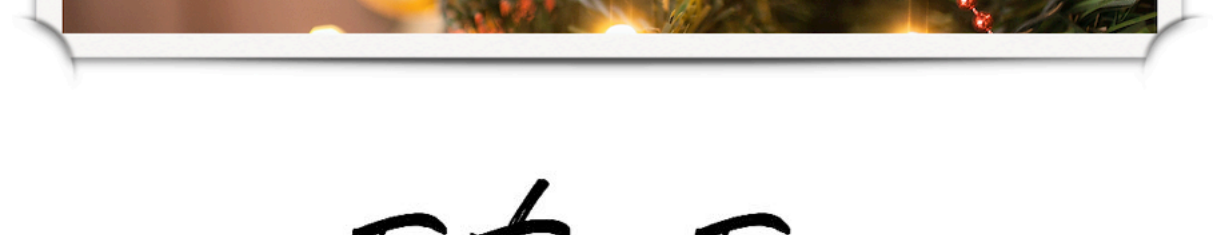
Having had amazing grandparents, Lesley always knew she wanted to work with the older generation and is passionate in ensuring they lead fulfilling and meaningful lives during their golden years.

As a leader, Lesley's main focus is staff development and progression, she is a great believer in further education to ensure residents and families receive high standards of care and support. She adopts a supportive approach and fully embraces, working in partnership with residents and their families.

On a personal level, Lesley lived in Italy for 20 years and loves cooking Italian dishes, having now moved from Edinburgh, she looks forward to walking her two dogs and seeing more of Aberdeen.



Christmas

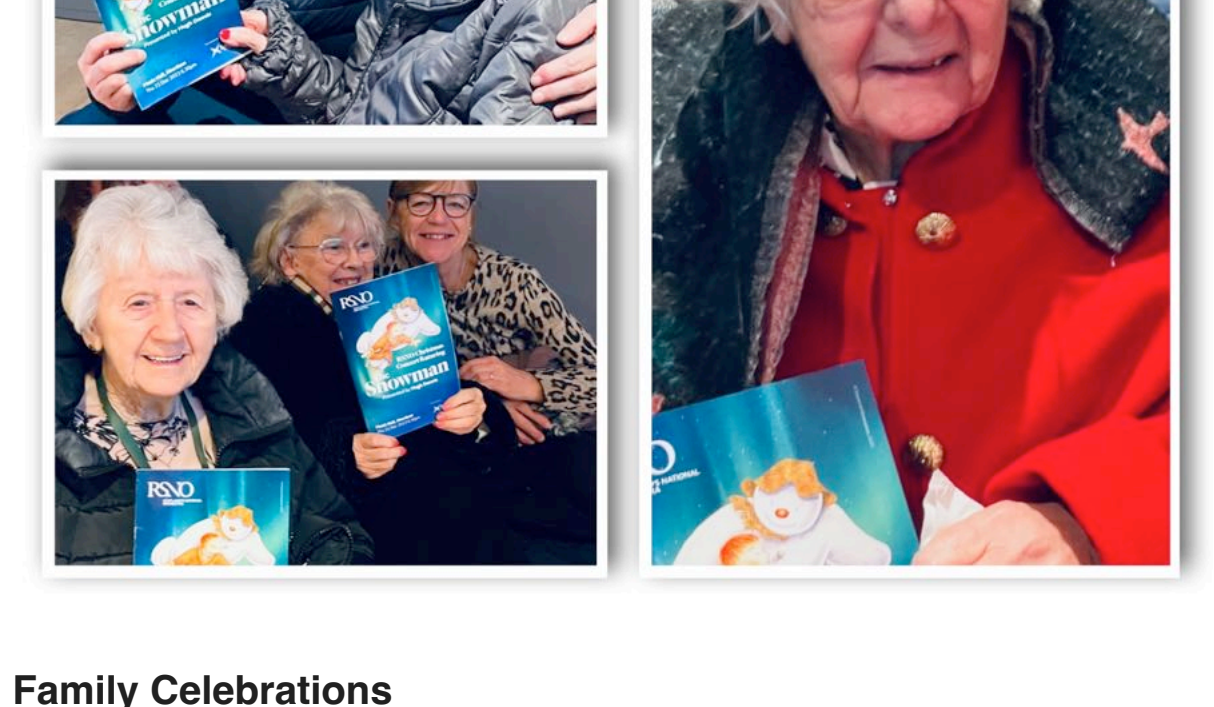


Festive Fun

"Walking in the Air"

The Scottish Royal Orchestra came to the Music Hall in Aberdeen to bring the festive spirit. Whilst screening the iconic movie "The Snow Man" on the big screen the orchestra played the soundtrack whilst Hugh Dennis narrated.

Many of our residents have such fond memories of this film watching it with their families. We felt it was only right to get some tickets and attend this wonderful evening to make some new and special memories. Everyone said it was a magical evening we were most certainly "walking in the air".



Family Celebrations

Christmas is a magical time for everyone, and we wanted to make it as family orientated as possible.

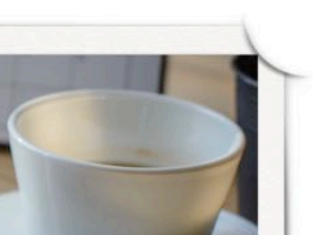
We invited our loved ones to Woodlands for a Christmas Eve celebration, there was mulled wine, Prosecco, hot chocolate and festive nibbles a plenty whilst we were serenaded by some of the Peterculter Ukulele Band, one of whom is a family member of one of our residents.

As you will see from the pictures, we all had a wonderful time.



Santa Makes His Appearance.

The festive period would not be so with out a visit from Santa, we are pleased to report we were all on the nice list!



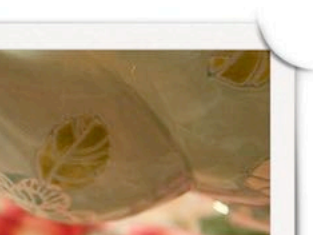
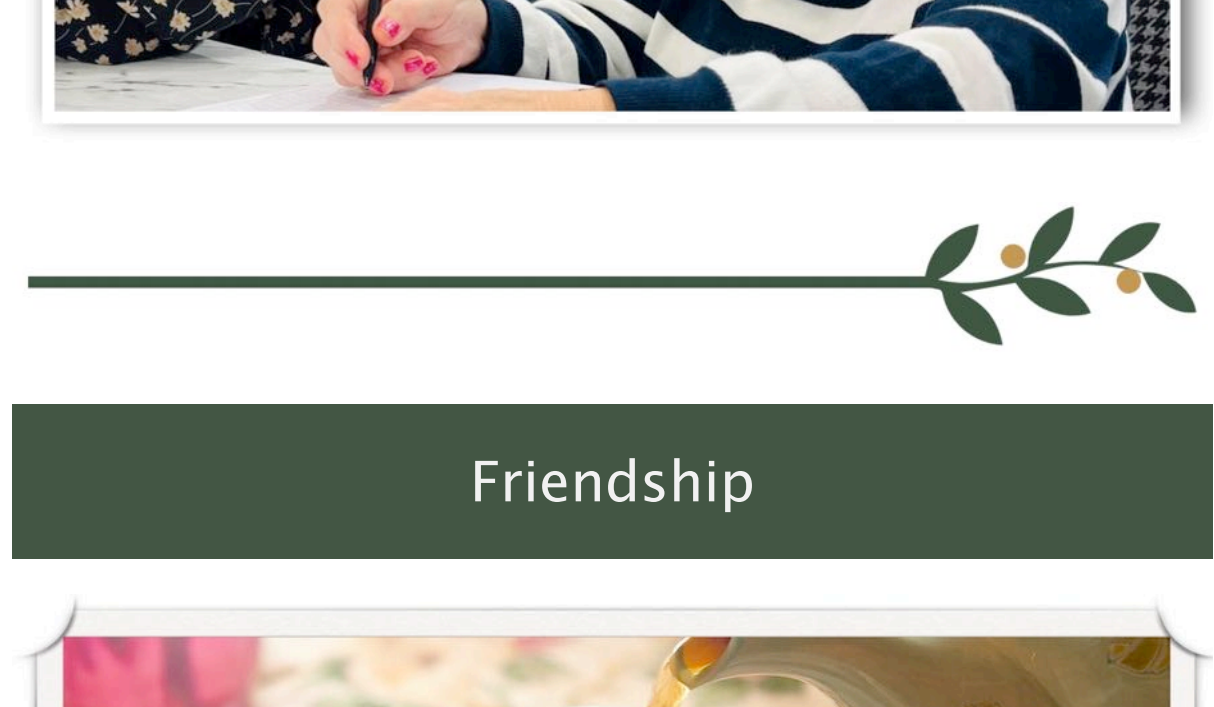
Nurturing Our Skills



Teamwork!

It is very important to us that we nurture everyone's skills at Woodlands, everyone deserves to have a sense of purpose.

Jana was a former legal secretary and is excellent at shorthand. These skills are never forgotten; therefore it is only right that Jana is now helping us on reception, be sure to say hello when you are next at Woodlands.



Friendship



Happiness is...

A friendship that has stood the test of time.

We're lucky enough to have two incredible ladies here at Woodlands Care Home; Isobel and Florence.

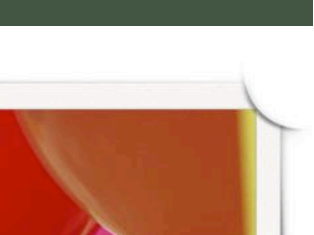
Isobel and Florence met when they were just four years old at nursery, their bond grew over time and they continued to keep in contact over the years, resulting in an 86-year-old friendship!

These ladies love nothing more than catching up over a cup of tea and a buttery.

Isobel and Florence have witnessed the world change drastically over the years, they lived through World War II, saw both the Queen's Coronation as well as the King's. Florence joined Woodlands Care Home in September 2023, with their friendship always being a priority and stronger than ever before. Isobel would come and visit Florence regularly. Isobel then made the decision that she too would like to become a resident here at Woodlands Care Home; not only so she could be with Florence every day but she also loved the social aspect of Woodlands.

Florence and Isobel spend lots of time together in general with the rest of the community. However, they realise how important it is to have their special one-to-one time together, so they take the time to sit in our garden cafe to reminisce on the old times, alongside making new memories together.

We can't emphasise how important it is for our residents to keep in touch with new and old friends. Socialising is highly beneficial for their mental health and wellbeing, it's been said to improve their cognitive function, episodic memory and quality of life. The stories these two ladies have are remarkable, we love having them both together within our care home and love that they can still spend that special time together.



Celebrations

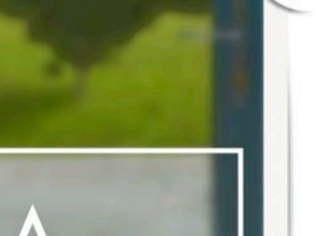
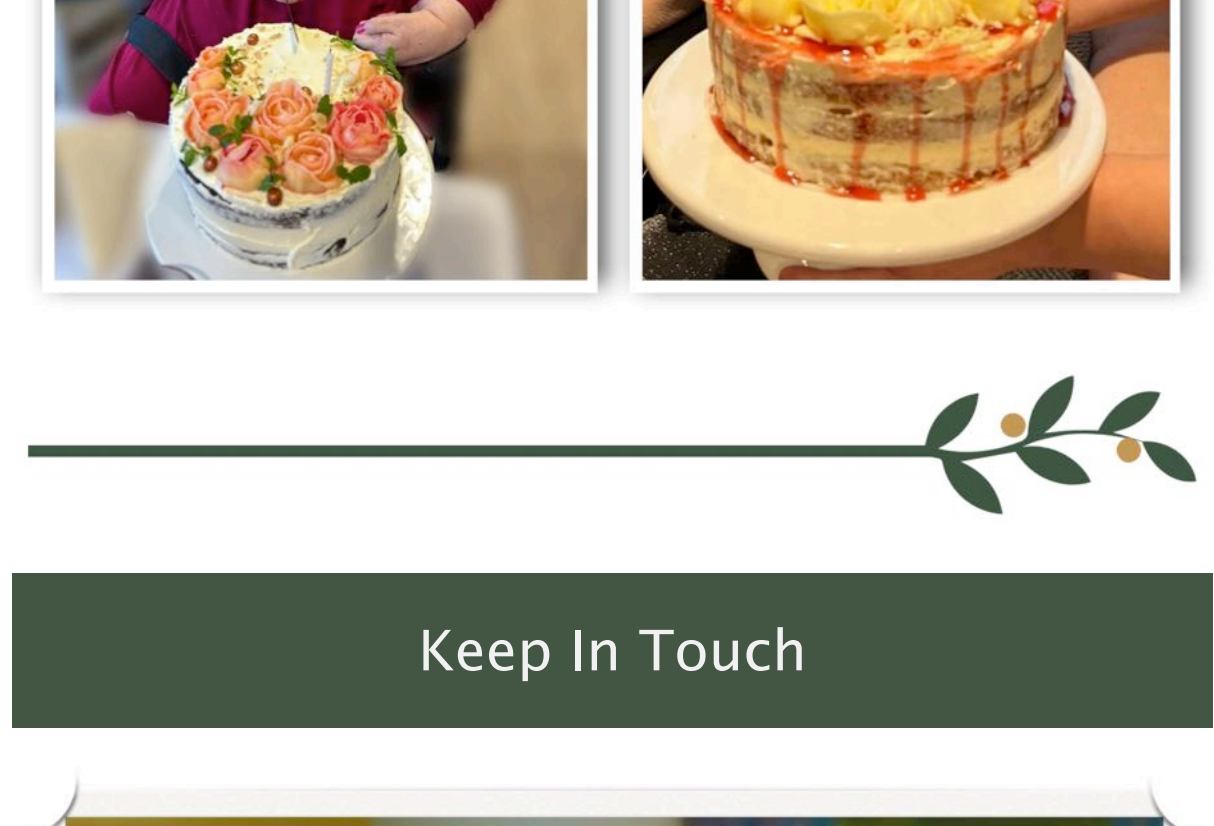


Party Time!

Birthday Wishes

It is a great honour to be able to celebrate birthdays with our residents, we would like to wish Kathleen and Sheila a very Happy Birthday from all at Woodlands.

It has been a pleasure to be part of your special day.

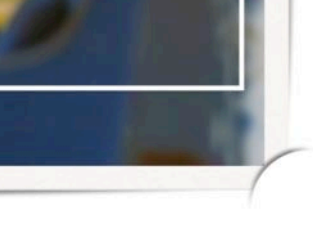


Keep In Touch

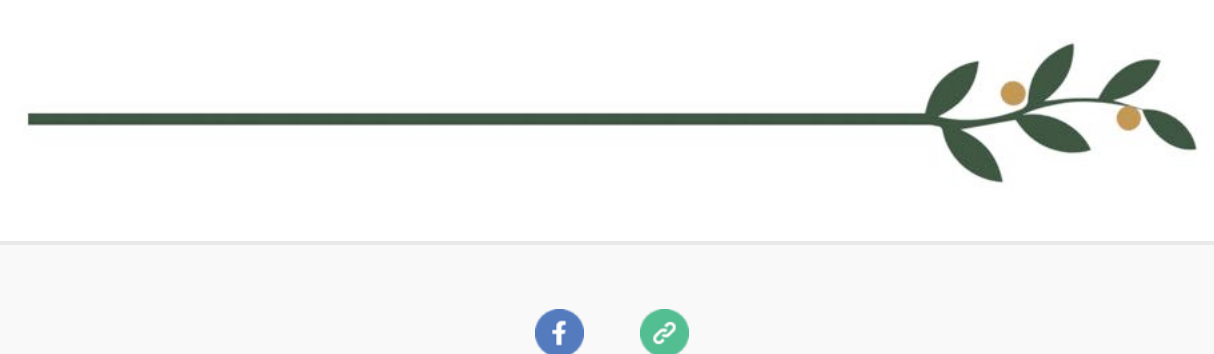


Make sure to check out the Woodlands Care Home Facebook Page.

Don't Forget To 'Like' Us!



Leave A Review



We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk Reviews](#)
[Google Reviews](#)

