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A WARM WELCOME TO OUR
AUTUMN 2024

Quarterly Newsletter

WOODLANDS
CARE HOME

Manager's Introduction

As the leaves turn from the brown, and the cool, refreshing air becomes a familiar presence, we quickly embrace the arrival of autumn. The most recent month in the our surroundings with Woodlands saw Halloween take centre in a myriad of activities and events that we thoroughly enjoyed. Autumn is celebrated and enjoy this time of year.

I invite you to sit back and read all about our recent happenings, activities and events.

Also, if you know someone who would like to receive our email newsletter/updates just let us know, or forward them this newsletter sign up link below.

Yesterday Stan Ice

Best wishes,

Lesley Stewart
Home Manager

Quality Family Time

Happy Times!

At Woodlands Care Home in Aberdeen, we are always looking for ways to enhance the lives of our residents and their families. We're delighted to share the news of our latest initiative, the Dementia Friendly Dining Room, which has been officially hailed a fully functioning kitchen, complete with a hob and oven for our residents to enjoy cooking and baking together with their loved ones. This initiative ensures that all Woodlands our residents should be able to prepare meals with their families as they did when they had independently.

A Kitchen That Brings Families Together.

For many of us, some of our most cherished memories centre around the kitchen—whether it's sharing an old family recipe or attending a new dish for a celebration. The Dementia Friendly Dining Room at Care Home in Aberdeen, is designed to continue these traditions for our residents.

Whether it's preparing a tailored family dish or trying out something new, residents and their families are welcome to use the kitchen as a place to bond over shared interests and create lasting memories. The goal is to ensure that everyone feels at ease, knowing that these moments are essential in maintaining the strong family bonds that our residents treasure.

More Than Just a Kitchen.

The Dementia Friendly Dining Room residents and their families more than just the chance to prepare and enjoy a home-cooked meal. The dining area itself is designed to be a place where, over time, residents and their families can create a legacy celebrations. Once you'll be finished cooking up a storm in the kitchen, you can sit down to dine in comfort with your family, enjoying both the food and the time spent together.

But there's not all, after the meal, the dining area also has a cosy seating space where residents and their families can relax. With a TV offering all the latest apps, games, and movies, it's the perfect spot to unwind and continue the day's activities. Whether it's watching a classic family movie or catching up on the latest series, there's no shortage of after-dinner entertainment for all ages.

A Place to Create New Memories

We are passionate about helping our residents maintain the lifestyle and traditions they've always enjoyed, and this initiative is just one of Woodlands. The Dementia Friendly Dining Room is more than just a kitchen—it's a place where families can continue to create new memories together.

Whether it's a birthday celebration, a Sunday roast, or simply a quiet evening with family, the Dementia Friendly Dining Room is available for residents and their loved ones to book and enjoy each quality time together. This new addition is just one of the many ways we are working to ensure our residents and their families feel the opportunity to continue living life to the fullest with those they love.

Book Your Family Time at Dementia Dining Room

The Dementia Dining Room is now open and available for all our families to book. Residents and their families are encouraged to reach out to the home manager to book time together. We appreciate in the current staffing for attendance family moments.

To book the Dementia Dining Room or to learn more about how you can make the most of this fantastic new space, please contact Yesterday Ice at Care Home in Aberdeen. We're here to help ensure that this space helps you make your next family gathering as memorable as possible.

Woodlands 2nd Anniversary

Celebration Time

Woodlands has recently celebrated its 2nd anniversary and what a celebration it was. On arrival, the magnificent sitting quartet "Nova String Quartet" serenaded our residents with a wonderful selection of music. Our residents enjoyed the golden oldies and could then the wonderful sounds of "Tunnel Bear Band".

Bubbles and accompanies canapés were a plenty made by the hit hands of our Head Chef, Gregor Wood, and the fabulous team!

Entertainments over many terms from garden games, "Olimo Bowls/ Carpet bowls" and the puzzling with "GIFTS from Partners". This was enjoyed by all ages. To top off the day, our Dementia Friendly Hairdo, hair appearance and spread joy and happiness to us all.

Training and Development

Learning & Improving

We are extremely passionate about staff training and development.

Staff Training

Over a two day period, 24 members of staff from Woodlands Care Home in Aberdeen, attended Lungs Care Homes in Aberdeen. This was the opportunity to experience the Virtual Dementia Tour this was an immersive tour of life with dementia. This immersive programme is designed to simulate what life is like for those living with dementia and allower staff to gain a deeper understanding of their experiences. Our teams were unanimous in describing this experience as thought-provoking and eye-opening. Full and fascinating and also challenging!

PointCheck

We are delighted to be trialling PointCheck and we are conducting training from the 7th November 2024.

PointCheck is the most widely used digital care assessment tool, and the only intelligent care assessment tool across the world. It accurately identifies and in a timely manner, helps care providers to prioritise and manage residents who are most needing and report their care.

Through Artificial Intelligence technology, PointCheck quickly allows care home staff to identify residents who are most in need of care, and ensure that care management creates overall benefits for those involved. Your home can be a more personalised care and treated with greater dignity, compassion and respect to live a life with care. Care home staff can use PointCheck to record and report the details of care found and are being frequently and accurately monitored, ensuring they are in greater comfort.

Read more...

Social Catherings

Friendship

We are all about socialising! Friday is a busy day at Woodlands.

For our guests, we had our lunch time Pie & a Pint. This came about with a few of our residents who wanted to go out for a pint and a pie. We decided to make it a day out every to discuss current affairs, sport, Scotland and Family, a busy day gathering of memories, have lunch and wash it down with a pint or two before heading to the Woodlands for a nap. We also had our Friday Afternoon Tea, this is a time for residents to catch week and helps create and maintain bonds between our residents.

Do not fear, our ladies are also looked after, with Pub Fridays. Our ladies head to the Garden Café to enjoy fun and compare other internationally for live music and enjoy bunting was therefore.

New & Improved Minibus

Out & About

Getting out and about with in our community is so important to all at Woodlands. We have recently purchased a new minibus, this will allow our residents to get out and about in suitable locations and in comfortable. We now have given us the opportunity to take our residents wherever at the same time.

Our residents are very pleased with our new minibus providing a stimulus that will give our residents much more freedom, for being out and about within our community.

Pictured Pictured Sandy Nicolson at Woodlands 75 Bp

Many Happy Returns

Birthday Wishes

It is our privilege to have the opportunity to be able to celebrate alongside all of our residents their birthdays and send cards birthdays, pleasant Home Care, Lunch, Sale, and Pie.

Wishing you many happy returns!

Meet The Team

A Warm Welcome

Beth Scothorn, Senior Carer

Beth is a real people person she strives to offer excellent person centred care and will take great pride and beyond for everyone.

Jaqs John, Senior Carer

Jaqs, joined the Woodlands team a year ago from Nagas. Her attention to detail coupled with her enthusiasm for the care our residents is exceptional.

Pradeep Kumar, Unit Lead

Pradeep is fresh, working, caring and dedicated member of our team and one of our most experienced carers. Pradeep is a Unit Lead, he is a great leader and Pradeep will always go above and beyond for all and is a real asset to our team.

Susan Ivison getting to know our residents and will always be seen with a smile on her face.

Corina Dobrescescu - Kitchen Porter

Corina is a dedicated member of our team who goes the extra mile to help whenever she can.

From Top Left: Beth, Jaqs & Pradeep
Front Bottom Left: Susan & Corina

Gender Reveal

Meaningful Activities

Lakshmi has been kind enough to allow residents, families and staff to be part of her journey which lead to Woodlands hosting its first ever gender reveal! We wish her and her family every happiness and blessing for this next chapter.

Upcoming Relative Meeting

Join Us!

We would like to remind everyone of the following upcoming Relative Meeting date:

- **Wednesday 11th December 2024**

Keep In Touch

Make sure to check out the Woodlands Care Home Facebook Page.

Don't Forget To 'Like' Us!

Leave A Review

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Carehome.co.uk Reviews

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